

Academy Street Post

NORTHWESTERN SENIOR CENTER,
9 ACADEMY STREET, ALBION, PA 16401

814-756-5373



OUR HOURS

Hours of operation:

Mondays- Thursdays

9am- 3pm

Lunch is served at 11:30am daily

Suggested donation is \$2.00 for a meal





NWSC event highlights

Thursday, March 13th

10:30am

Bureau of State Parks

“ALL WASHED UP”

***Join us to learn about different items
found along the shores of Lake Erie***

TAI CHI EVERY MONDAY

Every Monday at 9:45am join us with Jim Montgomery for TAI CHI and learn the benefits of this exercise. The exercises are gentle and consist of movement to assist in mobility and muscle strength. They can also be completed seated in a chair.



HOW DO OUR CONTRIBUTIONS AND FUNDRAISED DOLLARS HELP OUR CENTER?

MEAL CONTRIBUTIONS help to off- set the cost of meals. On average, the actual cost of the meal is over \$5. Meal Contributions also help maintain the building and maintain or replace needed equipment. These dollars are vital to maintaining the Center and its daily operations.

Fundraised Dollars and Donations help pay for parties, entertainment, snacks, and more. They also help pay for programming opportunities like exercise, craft classes, computer usage, and more. These dollars are vital to your programming options and enjoyment of the center.

While Contributions and donations are voluntary, please continue to support your Center by whatever means you are able. The Centers and their services mean so much to so many and your support goes a long way towards helping your Center continue to offer programming and services.



Effective July 1, 2021, APPRISE is now Pennsylvania Medicare Education and Decision Insight, PA MEDI - Same Program, Same Services for Pennsylvania's Medicare Beneficiaries, now with a New Name.

Pennsylvania Medicare Education and Decision Insight (PA MEDI) offers free Medicare counseling to older Pennsylvanians. PA MEDI Counselors are specially trained to answer your questions and provide you with objective, easy-to-understand information about Medicare, Medicare Supplemental Insurance, Medicaid, and Long-Term Care Insurance.

PA MEDI Counselors do not sell Medicare products but rather offer current, unbiased Medicare education to help you make the most informed choice about the Medicare options available to you.

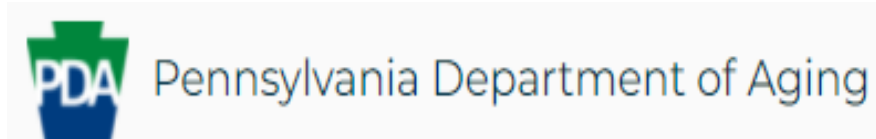
Contact Bridget Young, Director Northwestern Senior Center for additional information (814) 756- 5373.

AREA AGENCY ON AGING

The GECAC Northwestern Senior Center, operated by Greater Erie Community Action Committee, Area Agency on Aging is funded in part by the PA Department of Aging.

Dr. Ben Wilson, GECAC CEO

Ray Maholtz, AAA Division Manager



MEDICARE MINUTE

The following information was obtained from <https://www.medicareinteractive.org/dear-marci>

Dear Marci,

I delayed enrolling in Part B and D. I was told I could do so because I had job-based insurance. I recently received a letter informing me I will be charged a late enrollment penalty. I don't think I should have to pay a penalty; how do I appeal my late enrollment penalty?

- Lee (Bowling Green, KY)

Dear Lee,

Everyone has a right to file an appeal with the Social Security Administration (SSA) regarding their late enrollment penalty (LEP) determination. Since you had job-based coverage while you delayed enrolling in Parts B and D, you have good reason to appeal. Below you will find information about appealing the Part B and D LEP.

Appealing Part B LEP

If you meet any of the following reasons you can appeal to remove the **Part B LEP** or lower the penalty amount:

- You had job-based insurance during some or all of the time period in question
- You were actually enrolled in Medicare Part B during some or all of the period in question
- You have a new **Initial Enrollment Period (IEP)**
- You are enrolled in an MSP

Steps to Filing a Part B LEP Appeal:

1. Gather your evidence

- If you had job-based insurance:
 - Call your former employer or plan and ask for a letter proving that you were enrolled in coverage. Make sure to attach this letter to your appeal form.
- If you were actually enrolled in Medicare Part B during some or all of the period in question and being assessed in error
 - You can include proof of that coverage, including Medicare Summary Notices (MSNs) showing payment for care, statements showing premiums paid, or other records.

2. Follow the directions on the letter informing you about the penalty.

- If you do not have this letter, you can use [SSA's request for reconsideration form](#).

Appealing Part D LEP

If any of the following reasons apply to you, then filing an appeal may result in the elimination or reduction of your [Part D LEP](#):

- You have [Extra Help](#)
- You had [creditable drug coverage](#) during some or all of the time period in question
- You had non-creditable drug coverage, but your or your spouse's employer or insurer told you it was creditable or didn't inform you that it was non-creditable
- You were ineligible for a Medicare prescription drug plan (e.g., if you were living outside the U.S. or incarcerated)

- You couldn't enroll into creditable drug coverage because of a serious medical emergency

Steps to Filing a Part D LEP Appeal:

1. Gather your evidence:

- If you had **creditable drug coverage**:
 - Call your former plan and ask for a letter proving that you were enrolled in creditable drug coverage. Make sure to attach this letter to your appeal form.
 - Your employer or union may also be able to confirm the fact that you had creditable drug coverage.

2. Complete the appeal form you received from your plan and attach any evidence you have

- If you don't have an appeal form from your plan, you can also use this **Part D LEP Reconsideration Request Form**.

3. Mail everything to C2C Innovative Solutions.

The appeal deadline is **60 days** from the date you received the letter informing you about the penalty. Be sure to follow the steps outlined above and file within 60 days.

If you miss the 60 days deadline, you can write a letter explaining why you had good cause, or a good reason—like serious illness—that prevented you from appealing on time. Attach the letter to your appeal.

While your appeal is being considered, be sure to pay the LEP to your plan along with your premium. If your appeal is successful, your plan will pay you back for the LEP payments you made while your appeal was pending.

Hope this helps! - Marci



MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<i>Tai Chi classes on Mondays at 10am</i>	<i>Lunch is served at 11:30am</i>		<i>Arthritis Exercises Thursdays at 9:45am</i>		1/2
3 <i>10:30am Therapy dogs</i> 12:00pm Wii Bowling	4 MARDI GRAS <i>10 am Exercise</i> 1045am Bible study	5 10am Bingo	6 <i>10:30am Gentiva Hospice & Craft</i> 12:00pm Wii Bowling	7 CLOSED	8/9
10 <i>10am Tai Chi</i> 12:00pm Wii Bowling	11 <i>10 am Exercise</i> 1045am Bible study	12 10am Bingo	13 <i>10:30am Bureau of State Parks/ All Washed UP</i> 12:00pm Wii Bowling	14 CLOSED	15/16 
17 <i>10:30am Beggarman's Frolic</i> 12:00pm Wii Bowling	18 <i>BP screenings</i> <i>10 am Exercise</i> 1045am Bible study	19 <i>BP screenings</i> 10am Bingo	20 <i>1030am NAMI Erie and craft after lunch</i> 12:00pm Wii Bowling	21 CLOSED	22/23 
24 <i>10:30am Agent McGill/ Tech scams</i> 12:00pm Wii Bowling	25 <i>10 am Exercise</i> 1045am Bible study	26 10am Bingo <i>March Birthdays</i>	27 <i>10:30am Adagio</i> 12:00pm Wii Bowling	28 CLOSED	29/30
31 12:00pm Wii Bowling					

